

SUN SAFE WORKPLACES
 SKIN CANCER AND OUTDOOR WORKERS
SAMPLE UV RISK ASSESSMENT



Description of location: _____

Description of task(s) performed: _____

Date of assessment: _____ Assessed by: _____

Health and Safety Representative: _____

ENVIRONMENTAL FACTORS

TIME OF THE DAY

- All day
- 11.00am - 3.00pm
- 2.00pm - 4.00pm
- 8.00am - 11.00am
- After 4.00pm
- Before 8.00am

HIGH RISK

LOW RISK

ALTITUDE

- More than 1500m
- 1000 - 1500m
- 500 - 1000m
- Less than 500m

HIGH RISK

LOW RISK

SEASON

- Summer
- Spring
- Autumn
- Winter

HIGH RISK

LOW RISK

Comments

WORK SYSTEM FACTORS

SHADE DURING WORK

- No shade all day
- Partial shade all day
- Total Shade
- Indoor work

HIGH RISK

LOW RISK

SHADE AT REST BREAKS

- No shade all day
- Partial shade all day
- Total Shade
- Indoor work

HIGH RISK

LOW RISK

HAVE EMPLOYEES EVER BEEN SUNBURNT AT WORK?

- Yes
- No

HIGH RISK

LOW RISK

Comments

HAZARDOUS FACTORS

The presence of reflective surfaces or photosensitisers will increase the risk imposed by UV

PRESENCE OF PHOTSENSITISERS

- Yes No

PRESENCE OF REFLECTIVE SURFACES

- Concrete
- Sand
- Glass
- Snow
- Roofing iron
- Water
- Aluminium foil

PROTECTIVE FACTORS

The use of personal protective equipment will provide outdoor workers with some protection. The use of more equipment will increase the level of protection from UV radiation.

USE OF PERSONAL PROTECTIVE EQUIPMENT

- Broad-brimmed or legionnaire style hat
- Construction helmet & brim attachment
- SPF 30+ broad-spectrum UVA sunscreen
- Long-sleeved shirt
- Long trousers
- Quality wrap-around sunglasses
- Portable shade structure

Factors Assessed as a risk (from checklist): _____

IS THE JOB/TASK NECESSARY?

NO

IS THE JOB/TASK NECESSARY?

YES

Is elimination or reduction of risk by use of engineering controls practical?

Options / Actions:

Short term: _____

Medium term: _____

Long term: _____

Time frame:

Is elimination or reduction of risk by use of administrative controls possible?

Options / Actions:

Time frame:

Short term: _____

Medium term: _____

Long term: _____

Is elimination or reduction of risk by use of personal protective equipment practical?

Options / Actions:

Time frame:

Short term: _____

Medium term: _____

Long term: _____

This is now a risk assessment and control plan for the worksite. This document should be filed and kept in a safe place for reference. The control measures that have been identified should be transferred into your organisation's overall protection policy to form the section on how the hazard will be controlled. A re-assessment should be performed once improvements have been implemented.

